

# Triple T Socks

A Designedly, Kristi Original Pattern

*Triple T is a fun adjustable pattern for knitting two socks from the toe up using two circular needles without swatching.*

*There are numbers for **fifteen sizes and seven different gauges**. Included are **four different stitch patterns** that can be used with the provided numbers and include notes to center the pattern on the instep.*

*This is the standard version of the pattern for those already familiar with knitting two socks on two circular needles. The verbose version contains more detailed instructions and more tips and designer notes for those new to two toe-up socks on two circulars.*

## Skill Level

Adventurous; no prior experience knitting socks is required, though it may prove helpful.

## Fibers

100-500 yds fingering or sport weight yarn to yield 7.5-10 sts/in gauge

## Needles and Notions

2 - 20 or 24 inch Circular Needles Of Size Needed to Obtain Desired Fabric  
Tapestry Needle  
Stitch Markers (optional)

## Sizes and Gauge

This is a multi-sized pattern to fit **foot circumferences from 4.5 inches to 11 inches in 1/2 inch increments**. It also covers **stitch gauges from 7 sts/in to 10 sts/in also in 1/2 sts/in increments**. Choose your gauge along the top of the chart and your size from the left side to locate the numbers appropriate for your sock size.

While it is best to measure the actual foot the socks will be on, if you are knitting them as a gift the numbers given in the pattern are suggested to fit US shoe sizes:



*Shown here are four different versions of a toddler-sized sock in the 36 st count knit from Lorna's Laces Shepherd Sock in Lullaby. Clockwise from upper left is 3X1 Rib, 3x1 Slipped Rib, 2X2 Rib, and 2X2 Mock Mini Cable.*

4	newborn-6mo
4.5	6-18 mo
5	18-24 mo
5.5	2-3 yrs
6	Child's 9-10
6.5	Child's 11-12
7	Child's 12-13
7.5	Childs 13 - Wmn's 2
8	Wmn's 3-4
8.5	Wmn's 5-6
9	Wmn's 7-8/Men's 6-7
9.5	Wmn's 9-11/Men's 8-10
10	Wmn's 11-12/Men's 10-12
10.5	Man's 13-14
11	Man's 15-16

FOOT CIRCUMFERENCE (INCHES)

A standard 10% negative ease has been calculated into the numbers. With the four ribbed pattern choices included in this pattern there should be a lot of leeway in the size foot they will fit. It is recommended that if you fall between two sizes that you choose the smaller size.

## Abbreviations

All abbreviations follow those listed at <http://www.yarnstandards.com/knit.html> if at all possible. Below is a list of those used in this pattern:

**circ** - circular needle

**CO** - cast on

**in** - inches

**k** - knit

**k2tog** - knit two together

**kwise** - knitwise, as if to knit

**LT** - left twist, knit through the back loop of second stitch on left needle, do not remove from left needle, then knit first stitch normally and drop both stitches from the needle

**M1L** - make one left, using tip of left needle, pick up loop between stitches from the front of the work and knit through back loop

**M1R** - make one right, using tip of left needle, pick up loop between stitches and from the back of the work and knit normally

**mrkr** - marker

**ndl** - needle

**p2tog** - purl two together

**pm** - place marker

**pwise** - purlwise, as if to purl

**rnd** - round

**RS** - right side, the public side of the fabric being knit

**RT** - right twist, knit two together through back loop then knit first stitch again before dropping both stitches from left needle

**src** - source

**ssk** - slip, slip, knit

**sl** - slip

**sts** - stitches

**st st** - stockinette stitch

**tbl** - through back loop

**WS** - wrong side, the non-public side of the fabric being knit

**wyib** - with yarn in back

**wyif** - with yarn in front

## Pattern

### Tip

To avoid mistakes when skipping the crucial step of knitting a gauge swatch, take a guess at the number of stitches you expect to need, then measure your gauge when you think the toe is done. Then if you stopped beyond or short of the number of stitches your gauge indicates you can rip back or knit a few rows to adjust your total stitch count.

## Toe

Using the Turkish Cast-on, CO:

		GAUGE (STITCHES PER INCH)						
		7	7.5	8	8.5	9	9.5	10
FOOT CIRCUMFERENCE (INCHES)	4	8	8	8	8	8	8	8
	4.5	8	8	8	8	8	8	8
	5	8	8	8	8	8	8	12
	5.5	8	8	8	8	12	12	12
	6	8	8	8	12	12	12	12
	6.5	8	8	8	12	12	12	12
	7	12	12	12	12	12	12	16
	7.5	12	12	12	12	12	16	16
	8	12	12	12	12	16	16	16
	8.5	12	12	12	16	16	16	16
	9	12	12	16	16	16	16	20
	9.5	16	16	16	16	16	20	20
	10	16	16	16	16	20	20	20
	10.5	16	16	16	20	20	20	24
11	16	16	20	20	20	20	24	

### Toe Increases

**Rnd 1:** \*K1, M1R, k to last st of sock half on ndl, M1L, K1; repeat from \* for second sock on ndl, turn work and repeat for each sock on ndl  
2. [+4 sts per sock]

Repeat Rnd 1 until total sts equals:

		GAUGE (STITCHES PER INCH)						
		7	7.5	8	8.5	9	9.5	10
FOOT CIRCUMFERENCE (INCHES)	4	12	12	16	16	16	16	20
	4.5	16	16	16	16	20	20	20
	5	16	16	16	20	20	20	24
	5.5	16	20	20	20	24	24	24
	6	20	20	20	24	24	24	28
	6.5	20	20	24	24	24	28	28
	7	24	24	24	28	28	28	32
	7.5	24	24	28	28	28	32	32
	8	24	28	28	28	32	32	36
	8.5	28	28	32	32	32	36	36
	9	28	28	32	32	36	36	40
	9.5	32	32	32	36	36	40	44
	10	32	32	36	36	40	40	44
	10.5	32	36	36	40	40	44	48
11	36	36	40	40	44	44	48	

**Rnd 2:** Knit.

Repeat Rnds 1 & 2 until total sts equal:

		GAUGE (STITCHES PER INCH)						
		7	7.5	8	8.5	9	9.5	10
FOOT CIRCUMFERENCE (INCHES)	4	24	28	28	32	32	36	36
	4.5	28	32	32	36	36	40	40
	5	32	32	36	40	40	44	44
	5.5	36	36	40	40	44	48	52
	6	36	40	44	44	48	52	56
	6.5	40	44	48	48	52	56	60
	7	44	48	52	52	56	60	64
	7.5	48	52	56	56	60	64	68
	8	52	52	60	60	64	68	72
	8.5	52	56	60	64	68	72	76
	9	56	60	64	68	72	76	84
	9.5	60	64	68	72	76	80	88
10	64	68	72	76	80	84	92	
10.5	68	72	76	80	84	88	96	
11	68	76	80	84	88	92	100	

### Double Check Your Gauge

This is where you want to double check your gauge and make any adjustments if the stitch count doesn't match your gauge and size required.

### Instep

#### Tip

Ndl 1 holds the instep sts for each sock and ndl 2 holds the sole sts for each sock.

Knit in chosen pattern (see Stitch Guide) on ndl 1 and knit in St st on ndl 2 until total length equals:

4	2.5
4.5	3
5	3.25
5.5	4
6	4.25
6.5	4.75
7	5.25
7.5	5.25
8	5.5
8.5	6
9	6.5
9.5	7.25
10	8
10.5	8.5
11	8.75

inches.

Or approximately:

4	1.25
4.5	1.25
5	1.5
5.5	1.5
6	1.75
6.5	1.75
7	2
7.5	2.25
8	2.5
8.5	2.5
9	2.75
9.5	2.75
10	3
10.5	3
11	3.25

inches less than total desired sock foot length.

### Designer's Note

Often the sock foot length is ten percent less than actual foot length. Take actual foot length and multiply by 0.9 for sock foot length.

### Heel Flap

Knit in pattern across ndl 1 once more. Heel will be worked flat on ndl 2. Slipped stitches are to be slipped pwise wyib for RS rows and wyif for WS rows unless otherwise noted.

**Row 1 (RS):** \*Sl1, k1; rep from \* to end of sock, ending with k1. Rep for second sock.

**Row 2 (WS):** \*Sl1, purl to end of sock. Rep for second sock.

Rep Rows 1 & 2 for

		GAUGE (STITCHES PER INCH)						
		7	7.5	8	8.5	9	9.5	10
FOOT CIRCUMFERENCE (INCHES)	4	12	14	14	16	16	18	18
	4.5	14	16	16	18	18	20	20
	5	16	16	18	20	20	22	22
	5.5	18	18	20	20	22	24	26
	6	18	20	22	22	24	26	28
	6.5	20	22	24	24	26	28	30
	7	22	24	26	26	28	30	32
	7.5	24	26	28	28	30	32	34
	8	26	26	30	30	32	34	36
	8.5	26	28	30	32	34	36	38
	9	28	30	32	34	36	38	42
	9.5	30	32	34	36	38	40	44
10	32	34	36	38	40	42	46	
10.5	34	36	38	40	42	44	48	
11	34	38	40	42	44	46	50	

ROWS.

## Heel Turn

**Row 1(RS):** Knit

		GAUGE (STITCHES PER INCH)						
		7	7.5	8	8.5	9	9.5	10
FOOT CIRCUMFERENCE (INCHES)	4	8	9	9	10	10	11	11
	4.5	9	10	10	11	11	12	12
	5	10	10	11	12	12	13	13
	5.5	11	11	12	12	13	14	15
	6	11	12	13	13	14	15	16
	6.5	12	13	14	14	15	16	17
	7	13	14	15	15	16	17	18
	7.5	14	15	16	16	17	18	19
	8	15	15	17	17	18	19	20
	8.5	15	16	17	18	19	20	21
	9	16	17	18	19	20	21	23
9.5	17	18	19	20	21	22	24	
10	18	19	20	21	22	23	25	
10.5	19	20	21	22	23	24	26	
11	19	21	22	23	24	25	27	

sts, ssk, k1, turn work.

**Row 2(WS):** Sl1, p5, p2tog, p1, turn work.

**Row 3:** Sl1, k to 1 st before gap, ssk across gap, k1, turn work.

**Row 4:** Sl1, p to 1 st before gap, p2tog, p1, turn work.

Rep rows 3 and 4 until all heel sts have been worked.

Knit across remaining

		GAUGE (STITCHES PER INCH)						
		7	7.5	8	8.5	9	9.5	10
FOOT CIRCUMFERENCE (INCHES)	4	8	10	10	10	10	12	12
	4.5	10	10	10	12	12	12	12
	5	10	10	12	12	12	14	14
	5.5	12	12	12	12	14	14	16
	6	12	12	14	14	14	16	16
	6.5	12	14	14	14	16	16	18
	7	14	14	16	16	16	18	18
	7.5	14	16	16	16	18	18	20
	8	16	16	18	18	18	20	20
	8.5	16	16	18	18	20	20	22
	9	16	18	18	20	20	22	24
9.5	18	18	20	20	22	22	24	
10	18	20	20	22	22	24	26	
10.5	20	20	22	22	24	24	26	
11	20	22	22	24	24	26	28	

heel sts.

Using the lft ndl tip, pick up and knit 1 st for every chain stitch along the left side of the heel flap, picking up 1 extra at the start and end of the heel flap to reduce holes or gaps.

Rep section for second sock.

## Gusset Shaping

Continue in pattern as established on ndl 1. Using ndl 2 again, pick up and knit the same number of sts on the right side of the heel flap as you did on the left, then knit across remaining sts for sock. Repeat for the second sock on ndl 2.

**Rnd 1:** Knit in established pattern on ndl1. For ndl 2, k1, ssk, knit to beginning of center

		GAUGE (STITCHES PER INCH)						
		7	7.5	8	8.5	9	9.5	10
FOOT CIRCUMFERENCE (INCHES)	4	12	14	14	16	16	18	18
	4.5	14	16	16	18	18	20	20
	5	16	16	18	20	20	22	22
	5.5	18	18	20	20	22	24	26
	6	18	20	22	22	24	26	28
	6.5	20	22	24	24	26	28	30
	7	22	24	26	26	28	30	32
	7.5	24	26	28	28	30	32	34
	8	26	26	30	30	32	34	36
	8.5	26	28	30	32	34	36	38
	9	28	30	32	34	36	38	42
9.5	30	32	34	36	38	40	44	
10	32	34	36	38	40	42	46	
10.5	34	36	38	40	42	44	48	
11	34	38	40	42	44	46	50	

sts, pm, continue the pattern as established on ndl 1 (see notes in Stitch Guide for assistance if needed) over the center sts indicated in table above, pm, then knit to last 3 sts of sock, k2tog, k1.

**Rnd 2:** Knit in pattern as established.

Repeat Rnds 1 & 2 until total sts equal the number knit for the instep of the sock.

## Leg

Continue knitting in established pattern until bottom of heel to ndl equals the total sock foot length, or the desired leg length minus the desired cuff length.

## Cuff

If desired knit another 1-3 inches of k1, p1 rib or other desired cuff treatment.

## Finishing

Cut yarn leaving a tail 4-6 times the sock circumference. Move each sock to its own circular ndl by slipping stitches and cast off one sock at a time.

Thread tail of one sock onto tapestry needle and use the sewn cast off.

Repeat for second sock. Weave in all ends, wash according to yarn manufacturer's directions and block lightly.

## Stitch Guide

### Standard 2X2 Rib

**For 28, 36, 44, 52, 60, 68, 76, 84, and 92 Stitch Socks**

**Rnd 1:** \*P2, k2, rep from \* to end of sock/ndl, ending with p2.

Repeat Rnd 1 as desired.

**Note:** When continuing pattern in center of heel sts during the gusset the pattern starts and ends with k2 rather than p2.

**For 24, 32, 40, 48, 56, 64, 72, 80, 88, and 96 Stitch Socks**

**Rnd 1:** P1, \*k2, p2; rep from \* to end of sock/ndl, ending with p1.

Repeat Rnd 1 as desired.

**Note:** When continuing pattern in center of heel sts during the gusset the pattern remains the same, starting and ending with a single p1.

### Standard Right Mock Cable

#### Designer's Note

If you enjoy paying close attention to your knitting you can substitute LT in place or the RT on one of the socks so that they mirror each other.

**For 28, 36, 44, 52, 60, 68, 76, 84, and 92 Stitch Socks**

**Rnds 1-3:** \*P2, k2, rep from \* to end of sock/ndl, ending with p2.

**Rnd 4:** \*P2, RT, rep from \* to end of sock/ndl, ending with p2.

Repeat Rnds 1-4 as desired.

**Note:** When continuing pattern in center of heel sts during the gusset the pattern starts and ends with k2 or RT (depending on the round you are at) rather than p1.

**For 24, 32, 40, 48, 56, 64, 72, 80, 88, and 96 Stitch Socks**

**Rnds 1-3:** P1, \*k2, p2; rep from \* to end of sock/ndl, ending with p1.

**Rnd 4:** P1, \*RT, p2; rep from \* to end of sock/ndl, ending with p1.

Repeat Rnds 1-4 as desired.

**Note:** When continuing pattern in center of heel sts during the gusset the pattern remains the same, starting and ending with a single p1.

### Standard 3X1 Rib

**For 28, 36, 44, 52, 60, 68, 76, 84, and 92 Stitch Socks**

**Rnd 1:** K1, \*p1, k3, rep from \* to end of sock/ndl, ending with p1.

Repeat Rnd 1 as desired.

**Note:** When continuing pattern in center of heel sts during the gusset the pattern starts with k3 rather than k1 and ends with k2 rather than p1.

**For 24, 32, 40, 48, 56, 64, 72, 80, 88, and 96 Stitch Socks**

**Rnd 1:** K2, \*p1, k3; rep from \* to end of sock/ndl, ending with p1, k1.

Repeat Rnd 1 as desired.

**Note:** When continuing pattern in center of heel sts during the gusset the pattern remains the same, starting with k2 and ending with a p1, k1.

### Standard 3X1 Slipped Rib

**For 28, 36, 44, 52, 60, 68, 76, 84, and 92 Stitch Socks**

**Rnd 1:** K1, \*p1, k3, rep from \* to end of sock/ndl, ending with p1.

**Rnd 2:** K1, \*p1, k1, sl1 pwise wyib, k1, rep from \* to end of sock/ndl, ending with p1.

Repeat Rnds 1 and 2 as desired.

**Note:** When continuing pattern in center of heel sts during the gusset the pattern starts with k3 or k1, sl1, k1 (depending which rnd you are at) and ends with k2 or k1, sl1.

**For 24, 32, 40, 48, 56, 64, 72, 80, 88, and 96 Stitch Socks**

**Rnd 1:** K2, \*p1, k3; rep from \* to end of sock/ndl, ending with p1, k1.

**Rnd 2:** Sl1 pwise wyib, k1 \*p1, k1, sl1 pwise wyib, k1; rep from \* to end of sock/ndl, ending with p1, k1.

Repeat Rnds 1 and 2 as desired.

**Note:** *When continuing pattern in center of heel sts during the gusset the pattern remains the same, starting with k2 or sl1, k1 (depending which rnd you are at), and ending with a p1, k1.*

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Designedly,  
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